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Books by Robert J. Davis (Author of Coffee Is Good for You)

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Preview Coffee is Good for You by Robert J. Davis

This is a good reference to have for when the media or anybody really tells you some farcial or unlikely claim about what a food can do. I like the breakdown of claims as yes, no, half true, or inconclusive.

Coffee Is Good for You: Author Bio

Robert J. Davis, PhD, is an award-winning health journalist whose work has appeared on CNN, PBS, and WebMD, and in The Wall Street Journal. He is founder and editor-in-chief of Everwell.com and the author of The Healthy Skeptic: Cutting Through the Hype About Your Health.

Robert J. Davis (Author of Coffee is Good for You)

Robert J. Davis is the author of Coffee is Good for You (3.27 avg rating, 217 ratings, 45 reviews, published 2012), Finer Faster (3.92 avg rating, 52 ra

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Why Is Coffee Good for You? Here Are 7 Reasons - Healthline

Coffee isn't just tasty and energizing it may also be extremely good for you. In recent years and decades, scientists have studied the effects of coffee on various aspects of health.

Coffee Is Good for You: From Vitamin C and Organic Foods ...

Davis, Robert J. (2012). Coffee is Bad good for You. New York: Perigee. A fun book to make you think about nutrition facts. The author has good education degrees and experience writing nutrition articles.

Doctor's Orders: Drink Your Coffee - The Daily Meal

Robert J. Davis, editor of everwell.com and author of "Coffee is Good for You" explains, "In the case of coffee, enough big studies over several decades make the healthy claims believable," adding that coffee is high in antioxidants.