

GUIDE TO HEALTHY FAST FOOD EATING WARSHAW HOPE S %0A

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Hope S. Warshaw, MMSc, RD, CDE, is a nationally recognized expert on the subjects of healthy eating and diabetes. She is the author of six books, including the bestselling Diabetes Meal Planning Made Easy, 3rd ed., and American Diabetes Association Guide to Healthy Restaurant Eating, 3rd ed.

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