

## TRANSACTIONAL ANALYSIS COUNSELLING IN ACTION STEWART IAN%0A

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Counselling in Action People are OK Everyone has worth, value and dignity. This is a statement of essence rather than behaviour. At times, I may not esteem or accept what a person does. But always, I esteem and accept what he or she is. In the counsellor client relationship, this implies that

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The fourth edition of Transactional Analysis Counselling in Action is, in my view, the best available introduction to the basic techniques used by TA counsellors and therapists. Both students and more experienced practitioners will find plenty of helpful recommendations and guidance in this accessible and practical text. Author: Mark Widdowson Read more. About the Author. Ian Stewart was born

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This bestselling textbook offers trainee and practising psychotherapists and counsellors a concise, hands-on exploration of current concepts and techniques in Transactional Analysis. Ian Stewart is Co-Director of The Berne Institute, Nottingham. He is the author of Eric Berne (SAGE, 1992) and Developing Transactional Analysis Counselling (SAGE, 1996), and co-author of TA Today (2nd edn)

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